Do you need some stretch?

\TeX{}'s \texttt{\leaders} primitive can be used to fill arbitrary space with a stretchable line (cf. \texttt{\hrulefill}). It is also possible to have an expandable triple line:

\begin{verbatim}
\def\triplefil{%
  \leaders\hrule height4pt depth-3.2pt \hfil \hskip0pt plus-1fil
  \leaders\vrule height1.6pt depth0pt \hfil \hskip0pt plus-1fil
  \leaders\vrule height-.6pt depth1pt \hfil
}\def\triplefilledline#1{%
  \hbox to\hsize{\
    \vrule height4ptdepth3ptwidth.8pt \triplefil \vrule
    height10ptdepth1ptwidth.4pt \enspace\strut#1\enspace
    \vrule height10ptdepth1ptwidth.4pt \triplefil \vrule
    height4ptdepth3ptwidth.8pt } }
\triplefilledline{The St. Anford Orchestra}
\triplefilledline{Variations on a Theme by Tchaikovsky}
\end{verbatim}

To understand what happens here one needs to count stretchability of leaders and glue in \texttt{\triplefil}. It is: 1fil (from \texttt{\hfil}) + −1fil (from \texttt{\hskip}) + 1fil + −1fil + 1fil, which sums up to 1fil. So when \TeX{} needs to set \texttt{\triplefil} to, say, 37pt it stretches each fil of glue to that length. The first leaders become 37pt wide, then comes \texttt{\hskip} to −37pt (−1fil), and so \TeX{} overprints the second \texttt{\leaders} on the first, and the same repeats with the next glue and leaders.

This trick opens space for countless variations:

\begin{verbatim}
\def\triplefil{%
  \leaders\hrule height4pt depth-3.2pt \hfil \hskip0pt plus-1fil
  \leaders\vrule height1.6pt depth0pt \hfil \hskip0pt plus-1fil
  \leaders\vrule height-.6pt depth1pt \hfil
}\def\triplefilledline#1{%
  \hbox to\hsize{\
    \vrule height4ptdepth3ptwidth.8pt \triplefil \vrule
    height10ptdepth1ptwidth.4pt \enspace\strut#1\enspace
    \vrule height10ptdepth1ptwidth.4pt \triplefil \vrule
    height4ptdepth3ptwidth.8pt } }
\triplefilledline{The St. Anford Orchestra}
\triplefilledline{Variations on a Theme by Tchaikovsky}
\end{verbatim}